

Choosing an Adult Day Services Program

1. Ask for details.

- Owner or sponsoring agency
- Years of operation
- Licensed by the state
- Days and hours the center is open
- Transportation provided
- Other services offered
- Cost
- Financial assistance
- Clients with memory loss, limited mobility, and incontinence accepted
- Professional staff with appropriate training
- Number of staff per clients (1:5 is the state requirement)
- A variety of individual and group activities
- Nutritious and appealing menu

2. Schedule a visit.

- Did you feel welcomed?
- Did someone talk with you to find out what your family wants and needs?
- Did someone clearly explain the services and activities available?
- Did someone give you information about policies, costs, and expectations?
- Was the center clean and pleasant?
- Was the center wheelchair accessible?
- Was the furniture sturdy and comfortable?
- Were there loungers for relaxation?
- Did the chairs have arms?
- Was there a quiet place for private conversations?
- Was there a place to isolate clients who may be sick?
- Were the staff cheerful and compassionate?
- Did the clients seem like they enjoyed being there?
- Were there volunteers involved in activities?
- Were clients involved in planning activities and making other suggestions?

3. Check references.

4. Try it out.

Staff will be happy to talk with you about how to make the transition easier for your entire family.

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